

Case study:

**Controlling GLP-1 costs. Improving adherence.
Lowering healthcare spend.**

The client

WHO:

Largest developer of software and leading provider of cloud computing services.

INDUSTRY:

Software development

QUICK FACTS:

228,000 employees



90,000 eligible lives



Nationwide population

CHALLENGES:

The population had a high prevalence of obesity, osteoarthritis, hypertension, pre-diabetes, and sleep apnea.

SCOPE:

Initial six-month results for high-risk population with employer-sponsored coverage for program and medication.





THE SOLUTION

The client partnered with Wondr Health to implement a future-ready weight management solution that would improve health outcomes and maximize the value of their anti-obesity medication (AOM) spend.

WONDR+

- ✓ Science-backed skill-building program for behavior change
- ✓ Expert nutrition services, coaching, and community support
- ✓ Personalized content tracks

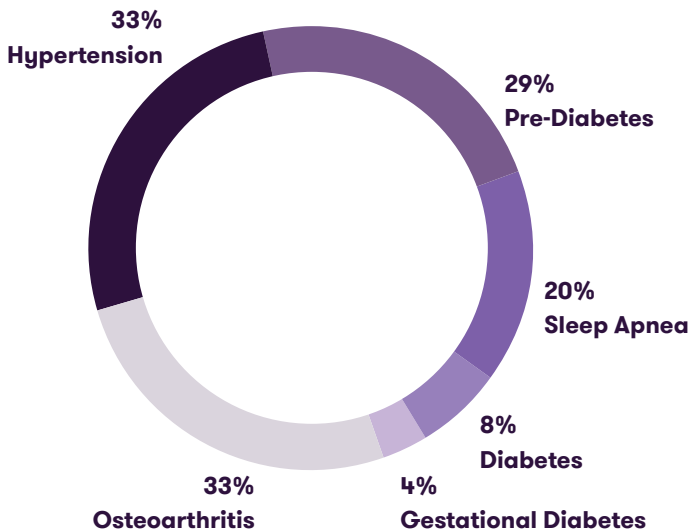
WONDR ADVANCED

- ✓ All features of Wondr+
- ✓ Tailored medication management by expert obesity practitioners
- ✓ Personalized skill checks, content, and community for medical weight loss

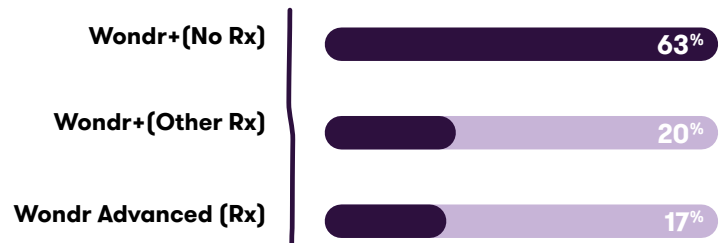
Smart utilization: Targeted access delivers \$3M+ in cost avoidance

Of 1,000+ high-risk participants, only 17% were prescribed an AOM through Wondr Advanced, ensuring appropriate use and optimized spend.

THE RIGHT PEOPLE. Percent of participants by diagnosis.



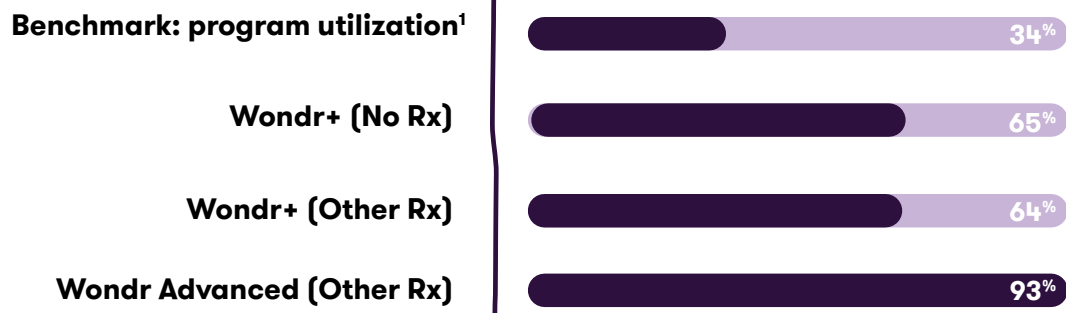
THE RIGHT TREATMENT. Percent of participants by program.



Unsurpassed retention: High engagement drives better outcomes and lowers costs

At six months, program utilization and medication adherence were significantly higher than industry benchmarks, reducing risk and future spend.

88% - 174% higher engagement across all programs vs. benchmark



34.4% higher medication adherence WA participants vs. benchmark



1. 2025 Alight Employee Mindset Study.

2. JAMA Netw Open. 2024 May 24.



Proven outcomes: Better outcomes drive 4.6× ROI and \$2.8M in cost savings

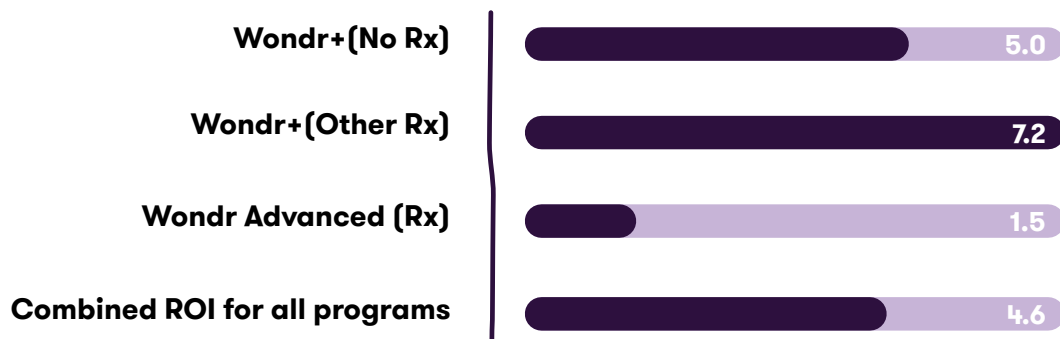
Meaningful weight loss translates into measurable outcome improvements with short- and long-term cost savings from reduced health care spend.

THE RIGHT OUTCOMES. 6-month weight loss from day 1 of program.



*Weight loss measured from day 1 of program, not day 1 of medication use.

THE RIGHT COST. Projected ROI in year one by program.



Results

SMART UTILIZATION:

17% of eligible population prescribed medication.

UNSURPASSED RETENTION:



93% of participants stayed on medication

MEANINGFUL OUTCOMES:



5% - 10% weight loss across all programs

REMARKABLE ROI:



projected **4.6X ROI** with **\$2.8M** cost savings

“

I am loving the program, and so happy that I found Wondr Health through my employer.

— Wondr participant



A proven leader in the benefits space for nearly 20 years

Wondr Health is the trusted leader in preventive weight and GLP-1 management solutions.

Building on the strength of its digital behavioral program, Wondr Health delivers smarter weight management benefits with configurable GLP-1 coverage strategies that give employers and health plans more choice and maximum cost control. Integrated coaching, condition-specific care tracks, nutrition support, and connected devices drive sustained behavior change to prevent chronic disease and avoid downstream spend. Backed by 20 years of experience in the benefits space, Wondr Health sets a new standard for accessible, affordable care—helping organizations future-proof their weight management strategy while empowering individuals to live healthier, happier lives.

Get results like these for your population. **Visit wondrhealth.com.**